

## What is a family hub?

A family hub is a place where children, young people and their families can go when in need of help and support.

The people working in the family hub will work in partnership with you and your community. They will help you find and get help from different services in the area and will be able to give you information, advice and support.

## Who can access a family hub?

There will be a range of services available. Some will be available only to those who have the greatest needs but there will also be services available to any family, child or young person who needs them (for example baby health clinics and adult education classes).

## Examples of services offered:

- Support for young people aged 11 to 19 (targeted youth support work)
- Family support which may be offered within the home
- Support to children with special educational needs and their families
- A range of child and family health activities including baby wellbeing clinic and C-Card distribution points
- Parenting support
- Support with managing finances and getting back into work or training

## How do I get help from a family hub?

Getting help from a family hub is simple, you can walk-in during opening times which will be widely publicised; you can telephone; or a professional person can refer you. Wherever you live in the city, you will be able to get help from one of our eight family hubs.

Most of the workers who provide support as part of a family hub will also work in other buildings across the city. To support our partnership working, this might be in a community centre, school or health clinic for example.

If you are unable to get to a family hub building, you will be able to get support in your own home or in the local community.

### Some examples of the types of situations that the family hub service could offer help with:

*The family hub will be able to support families and offer practical advice on positive parenting, looking at causes of a child's behaviour, encouraging desirable behaviour and developing strong family relationships.*

**|||** I'm struggling with my seven year old son's behaviour, he seems to be having regular temper tantrums which I am worried about because he sometimes throws himself on the floor. I need help for me to help him.

*The family hub will provide family support which may include practical help looking at routines, direct work with the child around his emotional wellbeing and parenting support for mum.*

**|||** I have recently separated from my partner who used to drink too much and would become aggressive towards me. Since my partner has moved out my three year old son (who was toilet trained) has started to have accidents particularly at night time and I'm getting really stressed. What can the family hub do to help me?

**|||** I've noticed that my 16 year old daughter is maybe a little quieter than normal. When I asked her about it, she eventually told me she was feeling pressured by her friends to have sex for the first time with her boyfriend. What help could I get from a family hub?

*The family hub could arrange for a youth worker to meet her and over a few sessions work through healthy relationships and talk to her about the C-Card scheme (safe sex support).*



Find  
a hub  
near  
you



© Crown copyright. All  
rights reserved 10002324  
(2017). Other information  
© Coventry City Council

# Family Hubs in Coventry



**1. Family Hub West 1**  
Radford Primary School  
Lawrence Saunders Rd,  
Coventry CV6 1HD  
Tel: 024 7676 8444

**2. Family Hub West 2**  
Jardine Crescent,  
Coventry  
CV4 9PL  
Tel: 024 7678 7801

**3. Family Hub South 1**  
Gosford Park Primary School  
Humber Rd, Coventry  
CV1 2SF  
Tel: 024 7678 8489

**4. Family Hub South 2**  
Middle Ride, Coventry  
CV3 3GN  
Tel: 024 7678 8430

**5. Family Hub East 1**  
Moat House Primary School  
Deedmore Road, Coventry  
CV2 1EQ  
Tel: 024 7678 5621

**6. Family Hub East 2**  
Roseberry Avenue,  
Coventry  
CV2 1NE  
Tel: 024 7678 6868

**7. Family Hub Central 1**  
454 Foleshill Rd,  
Coventry  
CV6 5LB  
Tel: 024 7678 5575

**8. Family Hub Central 2**  
Clifton St, Coventry  
CV1 5GR  
Tel: 024 7678 7474



17-0540-CB

Further information can be found at [www.coventry.gov.uk/familyhubs](http://www.coventry.gov.uk/familyhubs)