

Holbrook School Needs You!

One Body One Life
Wednesday in the Studio
9am—10:30am



Every week Sue from the 'Be Active, Be Healthy Team,' helps a group of parents find out how they can make small changes every day to help them become fitter and healthier. This then helps parents make support their children in making healthier choices and be more active, helping them have a better quality of life now and into the future.

Would you like to join? Each session ends with some physical activity—but don't worry, you don't need to be superfit! There is something for everyone; young and old. In fact, your child will come along to take part in this session and join in the fun activities. As parents you are doing this to help your family live a fitter and healthier lifestyle.

It doesn't cost a penny to join, it is totally free but we need at least 10 parents each and every week for it to be able to happen!

So far we only have three families so we desperately need more. Mr Connolly has said he will sort out some tea and coffee for next week so please come along! It is a great way to meet other parents while you help your family become fitter.

The eatwell plate

Use the eatwell plate to help you get the balance right. It shows how much of what you eat should come from each food group.



Mrs McCarthy

Forthcoming Events

Monday 6th	BANK HOLIDAY SCHOOL CLOSED
Tuesday 7th	Year 6 SATs Breakfast Club Sports, Arts and music clubs start NURSERY PUPILS WEAR PE KIT
Wednesday 8th	One Body One Life Year 6 SATs Breakfast Club CCFC Tournament Year 4
Thursday 9th	Year 6 SATs Breakfast Club Phonics Workshop for Y1 parents 8.50am
Friday 10th	Year 6 SATs Breakfast Club

1	6C	99.3
2	3R	99
3	2S	98
4	4H	97.7
5	RW	97.4
6	2K	97.3
	3D	97.3
8	Nursery AM	96.2
9	6W	96
10	1M	95.9
11	6H	95.5
12	5C	95.3
Whole School		94.5
13	1F	94
14	5D	93.9
15	4M	93.3
16	4D	93
17	RM	92.1
18	3S	91.7
19	2C	91.3
	5S	91.3
21	1B	90.7
22	RL	87.4
23	Nursery PM	85.4

Attendance Report

Our attendance took a real hammering before the holidays —mainly from parents taking extended holidays.

Missing lots of school leaves big gaps in learning and research shows that this can have a real impact on your child's future performance at school, even for children as young as Nursery age.

Please remember that as parents, you all signed the home-school agreement in September stating that you would not take your child on holiday during term time!





Fasting during Ramadan.

Although fasting for the entire month isn't obligatory for many of our younger pupils, they do want to join in with their older siblings and parents.

All parents must inform school if you wish your child to fast for part or all of the month of Ramadan. We ask that parents complete a 'weekly fasting permission slip'; these slips are available from the office.

If the school has not received a permission slip from you, stating that your child is fasting, as a school we are responsible for your child's well-being and we will encourage them to eat their lunch as normal.

According to guidelines for those choosing to fast (Muslim Council of Britain), students will be expected to take part in a normal daily routine.

Therefore, they will be expected to take part in a full school curriculum, including PE. For Health and Safety reasons, those students who are fasting will be advised to take part in PE lessons at a lower level of impact.

We will use shaded areas on the playing fields in the event of hot or very sunny weather.

We will encourage children to remain seated between any activities in order to conserve their energy.

To listen carefully to and to follow the teacher's instructions and advice.

In event of a fasting student becoming unwell, the school may consider providing them with something to eat or drink, unless their parent has informed us in advance that they do not wish this to happen.

Finally, can I wish all our families observing Ramadan a peaceful and happy time.

Weekly Challenge

It seems some children had a wonderful holiday as I got cards from London, Wales Denmark and Coventry.

Challenge 13... Plant a seed!

With Reception classes visit to the garden centre and Mrs Hill's Year 1 gardening club planting up it shows that it is the start of spring. So the challenge is... Can we do the same at home?

It doesn't matter what you grow, it can be something quick growing like Cress that you can eat or something slower growing that is pretty—like a sunflower?

It would be great to see a few pictures of the planting and over the weeks see how they grow. Please e-mail the pictures in to:- challenge@holbrookprimary.com

Year 6 Breakfast Club



For the next two weeks we will have a special breakfast club for all Year 6 pupils.

Bank Holiday

School is closed on Monday next week—6th May as it is a bank holiday. We look forward to seeing pupils on Tuesday 7th May after the extra day rested and ready to learn.

Holidays Dates

So you can plan your family holidays here are the dates of the school holidays that are coming up.

Half Term

Starts Saturday 25th May
Ends Sunday 2nd June

Summer Holiday

Starts Saturday 20th July
Return Tuesday 3rd September

