



# Holbrook News



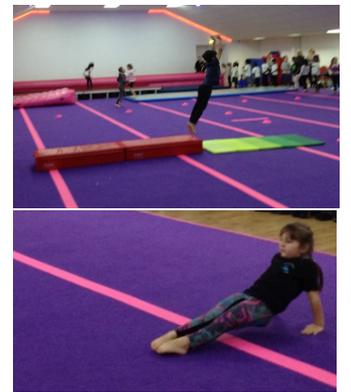
## Be a good sport!

Every year as a school we have taken part in an increasing number of many interschool competitions on offer for oventry WEST. Only this week KS1 have had the Gymnastics Competition. Mr Connolly and Mr Pahal are always making adjustments to the PE so that pupils can perform their BEST in any competition. For the gymnasts this included lots of after school practises and a trip to the gym and cheerleading centre TRIBE to become more familiar with where we would be competing. I am delighted to say the team did brilliantly and came 2nd. They missed out on first by just 1 point! They can wear their school colours with pride. There are still many more opportunities coming up for children to represent the school at different sports.

Representing the school in a PE competition is a great way for children to apply the skills they have developed in their PE lessons in school. PE offers so much more than just learning a skill. It is a really good way to develop teamwork, leadership and probably most importantly, how to be graceful in both victory or defeat.

All pupils need the correct PE kit to take a full and active part in the lesson. It would be fantastic to see them wearing black t-shirts and black shorts or tracksuit bottoms. This helps us look like a school team. Changing between PE kit and school uniform is important too. As we encourage all children to be active, they often get a bit hot and sweaty so getting changed into a clean uniform for afternoon lessons is essential.

As well as thanking the teachers for taking the children to the competitions, can I also offer thanks to the parents that go along to support the teams and take on the role of being the additional adults. Without your continued support, we couldn't take part in all these events. Thank you!



*Mrs McCarthy*

## Forthcoming Events

Assembly Themes— Perseverance—Stick at it!

Monday 21st	3pm Reception Puppet Workshop I
Tuesday 22nd	Year 4 Swimming. Year 5 Swimming club starts.
Wednesday 23rd	
Thursday 24th	
Friday 25th	

After school clubs start this week

1	2S	100
2	3D	99.6
3	2C	98.8
4	5C	98.3
	6H	98.3
6	RL	98.2
7	4M	97.5
	6W	97.5
9	1M	97.3
10	Nursery AM	97.1
11	4H	96.6
12	5D	95.8
Whole School		95.8
13	2K	95.7
	3S	95.7
15	RW	95.2
16	4D	95
17	3R	94.8
18	6C	94.6
19	1F	93.7
20	5S	92.9
21	1B	90.2
22	Nursery PM	87.4
23	RM	86.9

## Attendance Report

Well done 2S for having a 100% attendance for the first week back.

Lots of classes went over our 96% target but a few classes really brought the mean average down!

8—11 Jan





18 January 2019



**NHS**  
South Warwickshire  
NHS Foundation Trust

## One Body One Life Family

A FREE programme to help you and your family make real changes to your eating and exercise habits, to be fitter, healthier and more active.

Coming to **Holbrook Primary School**

Gateside Road, Coventry, CV6 6FR

**STARTING** Wednesday 23 January 2019

**FROM** 8.45am – 10.30am

### What do you get?

- FREE programme, tailored to your needs
- FREE Health Checks so you can see the changes
- Advice and support from qualified coaches
- Healthy eating workshops
- Fun physical activity sessions
- Healthy eating tips

### What's in it for you?

- Spend quality time as a family
- Gain new skills to be fitter and healthier

### For more details contact:

Be Active Be Healthy team

T: 07852 921406

E: [beactivebehealthy@swft.nhs.uk](mailto:beactivebehealthy@swft.nhs.uk)

## Weekly Challenge

We will **CHALLENGE** ourselves every day, in and out of school, to extend our experiences and widen our knowledge.



Last week it was lovely to see pupils playing board games as part of the challenge. We hope that both children and parents enjoyed the games.

This week I have split the challenge into two parts, depending on what part of the school you are in!

### Nursery up to Year 3

#### Challenge 2... Make a Sandwich.

What will you put in your sandwich? Can you make it healthy? Will you use bread or a wrap?

Remember to stay safe so you may need an adult's help with any cutting.

### Year 4 to 6

#### Challenge 2... Make your parents a perfect cup of tea or coffee.

Remember to boil fresh water but as it is hot take care. The first few times, you might need some adult help.

What shade of brown do they like their drink? Milk or lemon? Any sugar?

Make sure that you ask them their preferences and remember practise makes perfect.

When you do complete the challenge, please take a picture and e-mail in to:-

[challenge@holbrookprimary.com](mailto:challenge@holbrookprimary.com)



## Traffic in Gateside Road

Before and after school the traffic and parking in Gateside Road is particularly hazardous for residents and pupils walking home.

Could we remind parents that to adhere to the rules of the road and double yellow lines.

On Tuesday at the end of the school day we will have two minibuses leaving to take pupils swimming so we really need the road clear.

