

Coventry's help and support during COVID-19

We know that during the COVID-19 emergency, a lot of people are feeling frightened and isolated.

- ? Do you need help to get food, medicines and other essential items?
- ? Are you worried about how you will pay your bills?
- ? Are you struggling or alone?
- ? Worried about a child or adult who lives with you or in your community?

If you need help in finding the right support in Coventry due to COVID-19 (Coronavirus), you can:



Phone - our freephone hotline number 08085 834 333, available Monday to Friday 9am till 5pm

Outside of these hours you can leave a message. We can give you advice and support on a range of issues and direct you to other organisations that can help. With our partners we are helping with Universal Credit and Council Tax support, food and supplies, a safe place to stay, befriending in the community.



If you have the internet, visit our website at www.coventry.gov.uk/coronaviruscommunity

Use our online map to find advice and information, community support groups, food delivery options or emergency food



Use our online chat at www.coventry.gov.uk/coronaviruscommunity

You can chat to our Customer Services



Out of Hours

If it's after 5pm and you're worried about a child or adult who may not be safe you can call our Emergency Duty Team on 024 7683 2222

Other telephone numbers you might find helpful:

Domestic abuse and sexual violence

CRASAC

T: 024 7627 7777
www.crasac.org.uk

Safe to Talk helpline

T: 0800 111 4998
www.safetotalk.org.uk

Mental Health – Adults

Mental Health Matters

T: 0800 616 171
www.mhm.org.uk/
coventry-warwickshire-helpline

Safe Haven

T: 07921 876 065

Samaritans

T: 116 123 free from any phone
T: 0330 094 5717 local call charges apply
www.samaritans.org

Mental Health – Children and Young People

Coventry and Warwickshire Partnership Trust - Rise Mental Health and Emotional Wellbeing Service

T: Between 8am and 8pm please call 024 7664 1799

T: Between hours 8pm and 8am please call Coventry Crisis Team on: 024 7693 8000

Positive Choices

T: 07741 900 799