



# Holbrook News

March 27<sup>th</sup> 2020

## What day is it?

After two weeks of the school being closed and only going outside for essential shopping and exercise once a day, I am sure many of us have woken up and uttered those words, 'What day is it?'

In school we have a timetable for the day and the week. This isn't just to help pupils and parents remember when to bring in PE kits but because children thrive with structure.

Children don't have a lot of control in their lives but routines give them a sense of organization, stability, and comfort. The Nursery and Reception teachers do a lot of the important ground work in setting out daily routines for children that they will carry throughout their education journey; in fact just before we were forced to close, reception parents were being asked to stay outside so the children could develop more independence with putting their own coat and bag away and starting their morning task on their own.

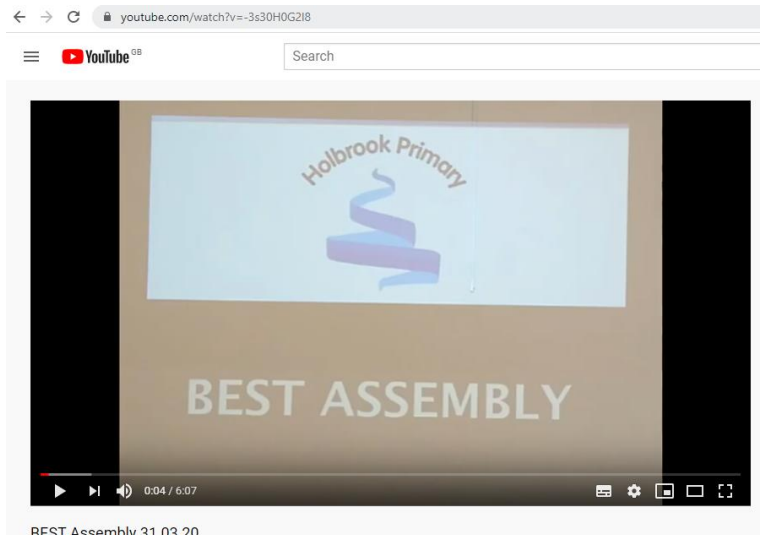
With school being closed pupils have lost a major part of their daily and weekly routine. Even as adults we can struggle with working from home and with when the day starts and ends.

Hopefully by now you will have established a new routine that balances both your need to work from home and the need to maintain the childrens' learning. Life has changed for all of us for a while and keeping a routine each day, gives children and young people an increased feeling of safety in these uncertain times.

My favourite part of our regular school routine is BEST assembly where I get to see and share the great learning that happens in class with teachers, pupils and parents. Even with the school being closed we had a Tuesday afternoon virtual BEST assembly. It is not quite the same but it was amazing to see and recognise the excellent home learning that has been going on. Keep it up and I look forward to seeing the limited edition Best Online Learner badges being worn with pride when we return – and not just on Mr Connolly's lanyard!

Remember, keep safe, regularly wash your hands with hot water and soap, stay at home and keep your social distance!

Keep in touch and we will see you all soon.



## Weekly Challenge

**Be mindful of your BEST!**

- **Be active... Aim for 60mins of exercise a day**
- **Eat healthily... Remember your five a day**
- **Sleep well**
- **Take time for you...**

**Be healthy inside and out!**

### Challenge 11 – Bear Hunt



[Michael Rosen's, We're going on a Bear Hunt](#)

has been a popular book with children for over 30 years and it seems to have influenced a fun activity during the COVID-19 outbreak.

This week we want everyone to join in with the Worldwide Bear hunt by placing a teddy bear in your window at home. This will give children who are going out with their parents on a walk during their allowed daily exercise, something exciting to look out for, or you might even see bears without even leaving your house!

Remember that if you do go on a Bear Hunt walk, that you follow all social distancing guidelines and stay 2 metres apart from others who are not members of your household group.

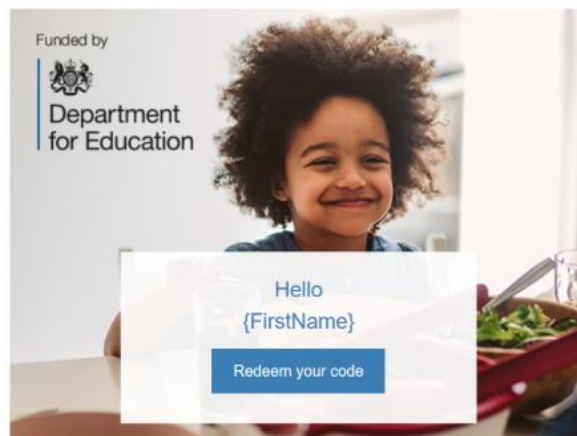
We would love to see lots of pictures of the bears you place in windows and turn them into a Holbrook School film. So please get your Mum or Dad to take a picture of your bear in the window and email it to [challenge@holbrookprimary.com](mailto:challenge@holbrookprimary.com) so we can share these on social media – Twitter & Facebook.

More Bear Hunt Information:-

<https://www.bbc.co.uk/newsround/52124055>

<https://www.bbc.co.uk/news/world-52108765>

## School Meal Vouchers.



On Thursday we switched to the new Government Scheme for supermarket vouchers for families who get **benefits** which entitles them to free school meals. Staff have worked really hard to gather correct contact details and e-mails from these parents.

If your circumstances have changed or you believe that you should have applied, please do so now - the links are below. It is a very quick process and since last week, we have been able to add on 4 pupils to the vouchers scheme - if you are entitled, don't miss out!

[Free School Meals Application](#)

[Free School Meals Information](#)

If you have any queries on Free School Meal Vouchers please email

[FSMVouchers@holbrook.coventry.sch.uk](mailto:FSMVouchers@holbrook.coventry.sch.uk) and we will do our best to help you.

### PE with Mr Pahal

Have you seen the daily physical challenges Mr Pahal is posting to Youtube?

If not, click the link below to see what you have missed and give them a try.

[Click to the challenges.](#)